

Heather Sheaffer, Ph.D.
Clinical & Forensic Psychologist
Oregon Certified Forensic Evaluator
Oregon License number 3211

CONTACT

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EDUCATION

- 2018 Ph.D., Clinical Psychology
 Fielding Graduate University
- 2012 M.A., Clinical Psychology
 Pepperdine University, Graduate School of Education and Psychology

GRANTS & AWARDS

- 2016 Fielding Research Grant, Fielding Graduate University
- 2010 Pepperdine Colleague's Award, Pepperdine University
- 2010 Psi Chi (International Honor Society in Psychology)
 Pepperdine University

SUMMARY OF TRAINING & EXPERIENCE

I am a licensed clinical psychologist and Oregon certified forensic examiner. I earned a master's degree in clinical psychology from Pepperdine University Graduate School of Education and Psychology prior to earning my Ph.D. from Fielding Graduate University. While completing an APA accredited internship at Oahu Community Corrections Center, I had an opportunity to work with incarcerated men and women with serious and persistent mental illness. I also have a strong background in both the treatment and assessment of domestic violence.

I have used my varied clinical experience to inform fair and balanced evaluations related to a breadth and depth of matters including domestic violence, financial crimes, sexual assault, and murder. These experiences have deepened my passion for forensic psychology and furthered my understanding of the importance of high-quality forensic evaluations.

CLINICAL EXPERIENCE

- 2016-present **Forensic Evaluation and Consultation Services, LLC**
Portland, Oregon
Clinical and Forensic Psychologist (January 2020-present)
Clinical psychology resident (2018-2019)
Clinical practicum student (2016-2017)
- 2015-present **Allies in Change Counseling Center**
Portland, Oregon
Clinical Psychologist (2020-present)
Clinical psychology resident (2018-2019)
Staff clinician (2016-2017)
Clinical practicum student (2015-2016)
- 2018-present **Multnomah County Department of Health**
Multnomah County Jail, Inverness
Portland, Oregon
Mental health consultant
- 2017-2018 **Hawai'i Psychology Internship Consortium**
O'ahu Community Corrections Center
Clinical psychology intern
- 2012-2015 **Orange County Mental Health Experts**
Newport Beach, California
Clinician

RESEARCH EXPERIENCE

- 2018 Doctoral Dissertation: *The Psychological Experiences of Women in Relationships with Men with Narcissistic Traits*
- 2015 Research associate: *The Influence of Immigration on Child Neglect: How Parental Acculturation Stress affects Migrant Children*
- 2013 Research assistant, Johns Hopkins, University: *Preventable Risk Factors for Chronic Diseases in Mongolia.*
- 2012 Research assistant, Johns Hopkins, University: *Do Workplace Wellness Programs Really Work?*

PUBLICATIONS & PRESENTATIONS

Lahkhan, S.E., **Sheafer, H.**, & Tepper, D. (2016). The effectiveness of aromatherapy in reducing pain: A systematic review and meta-analysis. *Pain Research and Treatment*.

Friedman-Folman, P., **Sheafer, H.**, Bendell-Estroff, D., & Field, T. (2015). *The Influence of Immigration on Child Neglect: How Parental Acculturation Stress affects Migrant Children*. Fielding Graduate University Summer Poster Session. Fielding Graduate University. Chicago, IL.

Sheafer, H. (2014). *The Narcissist Next Door: An Intimate Look at Narcissistic Culture*. Ft. Lauderdale, FL.: Page Turner Press.

Sheafer, H. (2013). In Pursuit of Harmonious Parenting. In Morgan, D. *Unalienable Pursuits*. Clarion, PA: Positivity Academy.

PROFESSIONAL MEMBERSHIPS & AFFILIATIONS

2015-present Oregon Psychological Association (OPA)