

**Heather Sheaffer, PhD**  
**Clinical Psychologist**  
**Oregon Certified Forensic Evaluator**  
**Oregon License number 3211, Washington license number TE 61067574**

**CONTACT**                    1130 SW Morrison St., Suite 520  
Portland, OR  
(503) 495-4985  
[drheathersheafer@gmail.com](mailto:drheathersheafer@gmail.com)

**EDUCATION**

2018                            Ph.D., Clinical Psychology  
Fielding Graduate University

2012                            M.A., Clinical Psychology  
Pepperdine University, Graduate School of Education and Psychology

**Summary of training and experience:** I am a licensed clinical psychologist and Oregon certified forensic examiner. I earned a master's degree in clinical psychology from Pepperdine University Graduate School of Education and Psychology prior to earning my Ph.D. from Fielding Graduate University. While completing an APA accredited internship at Oahu Community Corrections Center, I worked with incarcerated men and women with serious and persistent mental illness. I also have a strong background in both the treatment and assessment of domestic violence.

I have used my varied clinical experience to inform fair and balanced evaluations related to a breadth and depth of matters including domestic violence, parental capacity and child custody, posttraumatic stress disorder, financial crimes, sexual assault, and murder. These experiences have deepened my passion for forensic psychology and furthered my understanding of the importance of high-quality forensic evaluations.

## CLINICAL EXPERIENCE

- 2016-present                    **Forensic Evaluation and Consultation Services  
Portland, Oregon**  
Clinical Psychologist (2020-present)  
Clinical psychology Resident (2018-2019)  
Clinical practicum student (2016-2017)
- 2015-present                    **Allies in Change Counseling Center  
Portland, Oregon**  
Clinical Psychologist (2020-present)  
Clinical psychology Resident (2018-2019)  
Staff clinician (2016-2017)  
Clinical practicum student (2015-2016)
- 2018-2021                      **Multnomah County Department of Health  
Multnomah County Jail, Inverness  
Portland, Oregon**  
Mental health consultant
- 2017-2018                      **Hawai'i Psychology Internship Consortium  
O'ahu Community Corrections Center**  
Clinical psychology intern
- 2012-2015                      **Orange County Mental Health Experts, Newport Beach, CA**  
Clinician

## RESEARCH EXPERIENCE

- 2018                              Doctoral Dissertation: *The Psychological Experiences of Women in Relationships with Men with Narcissistic Traits*
- 2015                              Research associate: *The Influence of Immigration on Child Neglect: How Parental Acculturation Stress affects Migrant Children*
- 2013                              Research assistant, Johns Hopkins, University: *Preventable Risk Factors for Chronic Diseases in Mongolia.*
- 2012                              Research assistant, Johns Hopkins, University: *Do Workplace Wellness Programs Really Work?*

## **PUBLICATIONS AND PRESENTATIONS**

Lakhman, S.E., **Sheafer, H.** & Tepper, D. (2016) The effectiveness of Aromatherapy in Reducing Pain: A systematic review and meta-analysis. *Pain Research and Treatment*.

Friedman-Folman, P., **Sheafer, H.**, Bendell-Estroff, D. & Field, T. (2015) *The Influence of Immigration on Child Neglect: How Parental Acculturation Stress affects Migrant Children*. Fielding Graduate University Summer Poster Session. Fielding Graduate University. Chicago, IL.

**Sheafer, H.** (2014). *The Narcissist Next Door: An Intimate Look at Narcissistic Culture*. Ft. Lauderdale, Fl.: Page Turner Press.

**Sheafer, H.** (2013). *In Pursuit of Harmonious Parenting*. In Morgan, D. *Unalienable Pursuits*. Clarion, PA: Positivity Academy

## **SCHOLARSHIPS & AWARDS**

2016	Fielding Research Grant, Fielding Graduate University
2010	Pepperdine Colleague's Award, Pepperdine University
2010	Psi Chi (The International Honor Society in Psychology) Pepperdine University

## **PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS**

2021-present	Oregon Psychological Association Ethics Committee,
2015-present	member Oregon Psychological Association (OPA)